

Wants/Don't Wants Chart

I Don't Want	I Want	Positive Affirmation (put myself in the here and now like it's already happened – changes the energy of 'I want' as being something out there that's hard to get)
1. To be so stressed and overwhelmed over people not signing up	To feel peace and calm	I am peace and calm
2. I don't want multiple on line course I have to keep trying to fill all year.	I want a year long program that people committed to themselves want to be a part of and fill it once.	The Year of Awakening is a huge success!
3. To convince people	I want to share information in an easy to understand way that attracts the people right for the program	I easily share information that people resonate with
4. It to be hard	It to be easy and fun, and tap into my creativity	I am creative and having fun
5. People to be disappointed	People to get so much out of it. I want the program to be transformational!	I get so much out of it. I am awake to who I really am
6. Me to be disappointed	Me to be proud of myself and the information I share in the way I share it that it resonates and connects for people	I am proud of myself
7. It to be esoteric	It to be real life. Techniques and information that is easy to apply and use in daily life.	I am sharing real tools for real daily life
8. Feel unsupported	Feel supported	I am supported I support me